VEGETARIAN and VEGAN PASTA OPTIONS

GLUTEN FREE penne also AVAILABLE

Pasta selection
Spaghetti, Penne, Fettuccini

Vegan Aurora: \$27
Tomato, garlic, fresh basil in a napolitana and soya cream sauce

Latina regular \$27
Eggplant, red capsicum, Artichokes, black
olives in a napolitana sauce

Putanesca \$27
Onion, garlic, black olives, chilli,
napolitana sauce

Lentil Bolognaise regular \$28
Carrots, zucchini, red capsicum, basil,
garlic, onion. Italian lentils, peas,
and napolitana sauce

Spinach and pistachio Pesto \$28
English spinach, fresh pistachio pesto,
white wine, almond milk
and silken tofu béchamel cream sauce

Vegan Boscaiola \$29
Vegan, Bacon, mushrooms, garlic, almond
milk and silken tofu vegan cream sauce

Vegan Chicken and Pesto \$29
Vegan Chicken,
Garlic in an vegan soya cream sauce

Vegan Prawn Gamberi \$30
Vegan Prawns, onion, diced tomato, sliced garlic basil Napolitana Sauce and A Touch Of Chilli0

PIZZA

Meat free Range

Grass Roots \$29

Tomato base, baby spinach, caramelised onion, pesto, cheese, topped with garlic vegan aioli and vegan cheese

Garden of Vegan \$29

Tomato base, fresh asparagus, eggplant, semi dried tomato, olives, artichokes, red capsicum, caramelised onion & vegan cheese

Vege Patch Supreme \$29

Grilled Eggplant, Marinated Artichokes, Baby Spinach, Roasted Capsicum, Mushrooms, vegan cheese, Sundried Tomatoes on a Tomato base, topped with pistachio Pesto Aioli

Tandoori Mushroom \$29

Mushrooms marinated in Tandoori
Spices, diced Tomato, Spanish onion and
Roasted Capsicum on a Tandoori base
coconut yoghurt base,
topped with Mint coconut Yoghurt,
garnished



PIZZA

Animal lovers range

Vegan Supreme \$29
Vegan ham, pepperoni,
mushrooms, onion, capsicum, pineapple,
garlic, vegan bacon, vegan cheese

Vegan Deluxe Supreme \$29
Vegan ham, pepperoni, ground beef,
mushrooms, onion, capsicum, pineapple,
garlic, vegan bacon, vegan cheese

Animal lover \$29
Plant based Pepperoni, beef,
bacon, bbq base

Vegan Tropical \$29
Tomato base, vegan cheese,
ham and pineapple

Vegan Pepperoni \$29
Tomato base, vegan cheese,
pepperoni

Vegan Gymea Special \$29
Tomato Base Pepperoni,
mushroom, onion, pineapple, vegan
prawns, vegan cheese

Vegan Hot Latin Nights \$29
Vegan pepperoni, ground beef,
onion, diced tomato,
dried chilli, fresh hot chilli, jalapenos

Vegan Peri Peri Chicken \$29
Seitan Chicken, Roasted Capsicum,
Caramelised Onions, Shallots
and Bocconcini on a Tomato base,
topped with Peri-Peri sauce,
vegan mozzarella

Vegan Chicken Delight \$29
Bbq base, chicken, mushroom, pineapple, onion, vegan cheese

Vegan Mexicano Dolce \$29
Tomato base, Mexican spices, chicken,
vegan cheese, avocado, coconut
minted yoghurt