Hamburgers

House made southern fried chicken, double American cheese, maple bacon, masculan lettuce, and tomato and jalapeno mayo served with fries.

Grilled chicken with masculan lettuce, tomato, onion, peri peri sauce and double American cheese served and mayo served with fries.

BEEF BURGERS

THE BEAST

\$24.00

\$19.00

2 Beef pattie with maple bacon topped with southern fried chicken, onion rings and our own smoking bbq sauce with fries.

SIMPLY SMOKIN BURGERS

100% wagyu beef pattie with lettuce, tomato, grilled onion, double American cheese and beetroot chutney with fries.

Beef pattie with blue cheese, lettuce, tomato, onion and maple bacon with fries.

Hot chips side \$7.00



Chicken Wings

SOUTHERN FRIED (Louisiana Southern fried chicken wings) Butter milk fried chicken wings.

Louisiana Chilli maple chicken wings 12 pieces **\$14.00** | 24 pieces **\$19.00**

Louisiana Southern fried chicken wings with jalapeno aoli 12 pieces \$14.00 | 24 pieces \$19.00

HUSH PUPPIES (Jalapeno cheese hush puppies) \$15.00
Deep fried corn bread filled with jalapeno and cheese w / jalapeno aoli.

Main Courses

CHICKEN BOSCAIOLA MAIN (GF) \$28.00

Chicken breast, garlic, bacon and mushroom white seasonal vegetables.

CHICKEN CALABRIA MAIN (GF)

Chicken breast, garlic prawns, white wine cream sauce, served on seasonal vegetables with fresh asparagus.

PORK BELLY SORRENTINO (GF) 3 hour cooked pork belly served seasonal vegetables & apple compote.

LAMB

LAMB SHANK OSSO BUCCO MAIN(GF)

\$32.00

Traditionally cooked whole lamb shank cooked in red wine, garlic, carrot & onion, seasonal vegetables Napolitana sauce.

VEAL

Pan fried veal, garlic, bacon & mushroom with white wine cream sauce, served on potatoes & vegetables.

\$32.00

Pan fried veal, garlic, prosciutto (Italian bacon) sage napolitana sauce &mozzarella cheese served on potatoes & vegetables.

\$32.00 Pan-fried veal with creamy Marsala sauce served with vegetables.

Pan-fried veal, prawns in a garlic cream sauce served with vegetables and fresh asparagus.

PORK

500grms of pork ribs served with chips, macaroni and cheese and collard greens with corn bread

Vegan Pizza Breads

	REGULAR	LARGE	
Vegan Bruschetta, garlic base, diced tomato garlic chips and basil.	\$12.00	\$17.00	
Vegan Italian bread , garlic pizza base , vegan cheese, parsley.	\$10.00	\$15.00	
Vegan Herb Bread, mixed herbs, pizza base, vegan cheese.	\$10.00	\$15.00	

Natures Harvest Pizza Range Plant based Meat range

VEGAN PEPPERONI

Extras - Gluten free base Regular 11" \$4.00 Large 13" only \$5.00

\$33.00 \$17.00 \$21.00 GREENER PASTURES Tomato base, red onion, diced tomato, spinach, sweet potato, satay sauce,

crushed nuts & chilli, vegan cheese. \$17.00 \$21.00 Tomato base, baby spinach, caramelised onion, pesto, cheese, topped with garlic

vegan aioli and vegan cheese. \$21.00 GARDEN OF VEGAN

\$17.00 Tomato base, baby spinach, eggplant, semi dried tomato, olives, artichokes, red capsicum, caramelised onion & vegan cheese.

SMOKEY BBQ PULLED JACKFRUIT \$18.00 \$22 00 Smokey BBQ pulled jackfruit, spanish onions and roasted capsicum on a tomato base, vegan aioli, parsley, vegan cheese and chilli.

VEGE PATCH SUPREME \$18.00 \$22.00 Grilled Eggplant, Marinated artichokes, baby spinach, roasted capsicum, mushrooms, vegan cheese, sundried tomatoes on a tomato base, topped with pistachio pesto aioli.

TANDOORI MUSHROOM \$17.00 \$21.00 Mushrooms marinated in tandoori spices, diced tomato, spanish onion and roasted capsicum on a tandoori base coconut yoghurt base, topped with mint

SORRENTINO \$17.00 \$21.00 \$33.00 Garlic pizza base, vegan cheese, mushrooms, onion.

CHEESE LOVERS \$20.00 \$25.00 \$33.00 Vegan mozzarella, blue cheese, haloumi, feta, parmesan tomato base.

Vegan Nachos

BEAN NACHO'S Corn chips, vegan cheese, southern style bean mix and tomato salsa, vegan sour

GROUND BEEF NACHO'S Corn chips, vegan cheese, southern style bean mix and vegan ground beef, tomato salsa and vegan sour cream.

PULLED BBQ JACKFRUIT NACHOS

Corn chips, vegan cheese, southern style bean mix and bbg pulled jackfruit, tomato salsa and vegan sour cream.

> Extras Add Sour cream + \$2.00 Add vegan Avocado guacamole + \$2.00 Extra ground beef + \$2.50

> > Hot chips \$7.00

Extras - Gluten free base Regular 11 "\$4.00 Large 13" only \$5.00

\$22.00 \$33.00 **VEGAN SUPREME** \$18.00 Vegan ham, pepperoni, mushrooms, onion, capsicum, pineapple, garlic, vegan bacon , vegan cheese.

VEGAN DELUXE SUPREME \$19.00 \$23.00 \$33.00 Vegan ham, pepperoni, ground beef, mushrooms, onion, capsicum, pineapple, garlic, vegan bacon, vegan cheese.

VEGAN MEAT LOVERS \$18.00 \$22 00 \$33.00 Pepperoni, beef, bacon, bbq base.

\$17.00 **VEGAN TROPICAL** \$21.00 \$33.00 Tomato base, vegan cheese, ham and pineapple.

\$17.00

\$21.00

\$33.00

Tomato base, vegan cheese, pepperoni. **VEGAN GYMEA SPECIAL** \$33.00 \$18.00 \$22.00

Tomato Base Pepperoni, mushroom, onion, pineapple, vegan prawns, vegan cheese. VEGAN HOT LATIN NIGHTS \$18.00 \$22 00 \$33.00

Vegan pepperoni, ground beef, onion, diced tomato, dried chilli, fresh hot chilli, jalapenos \$22.00 **VEGAN PERI PERI CHICKEN** \$18.00 \$33.00

\$33.00 VEGAN CHICKEN DELIGHT \$18.00 \$22.00 Bbq base, chicken, mushroom, pineapple, onion, vegan cheese

VEGAN MEXICANO DOLCE \$18.00 \$22.00 \$33.00 Tomato base, Mexican spices, chicken, vegan cheese, avocado, coconut minted yoghurt.

\$18.00 \$22.00 \$33.00 VEGAN ROSCAIOLA PIZZA Vegan, Bacon, mushrooms, garlic. almond milk and silken tofu vegan cream sauce and vegan cheese on a garlic base.



Prices are correct at time of printing but subject to change without notice

Choice of pasta: Spaghetti, Penne, Fettuccini, Gluten free Penne

\$20.00 Tomato, garlic, fresh basil in a napolitana and soya cream sauce.

LENTIL BOLOGNAISE \$20.00 Carrots, zucchini, red capsicum, basil, garlic, onion. Italian lentils, peas, and napolitana sauce.

VEGAN LASAGNA \$17.00 Carrots, zucchini, red capsicum, basil, garlic, onion. Italian lentils, peas, and napolitana

LATINA REGULAR \$17.00 \$20.00 Eggplant, red capsicum. Artichokes, black olives in a napolitana sauce.

SPINACH AND PISTACHIO PESTO \$20.00 English spinach, fresh pistachio pesto, white wine, almond milk and silken tofu béchame

PUTANESCA \$20.00

Onion, garlic, black olives, chilli, napolitana sauce.

HAVANNAHS VEGGIE PATCH REGULAR \$17.00 \$20.00 Pumpkin diced, garlic, fresh herbs and wild mushrooms, with a vegan pumpkin

VEGAN BOSCAIOLA \$18.00 \$20.00 Vegan, Bacon, mushrooms, garlic. almond milk and silken tofu vegan cream sauce.

VEGAN CHICKEN AND PESTO \$18.00 \$20.00 Vegan Chicken, Garlic in an vegan soya cream sauce.

VEGAN PRAWN GAMBERI \$19.00 \$22.00 Vegan Prawns, onion, diced tomato, sliced garlic basil Napolitana sauce and a

PUMPKIN AND SAGE \$20.00

Pan fried diced pumpkin, sage, garlic in a pumpkin sauce.

Vegan parmesan cheese \$3.00 and Gluten free Pasta \$2.00

Vegan Starters

SALT AND PEPPER CALAMARI SALAD

\$12.00

\$17.90

\$17.90

Calamari made from a Japanese root vegetable called konjac, masculan salad, diced tomato and garlic and basil. Served with vegan aoli and lemon.

Vegan chilli maple wings — tossed in our house made chilli maple sauce.

VEGAN CHICKEN WING 6 PACK

chocolate sauce.

chocolate sauce.

Pig out Ice Cream Buckets

Chocolate gelato, fresh strawberries, chocolate crisp balls, whipped cream and

\$20.60

Chocolate gelato, smashed Oreos, crispy chocolate balls, brownie bites, whipped cream.

MICHAEL ANGELO'S MASTER PIECE Dulce de leche caramel, vanilla ice cream, salted caramel crispy bites, banana, butterscotch sauce, whipped cream.

CHOCOLATE BROWNIE SUNDAE House made chocolate brownie, vanilla bean gelato, chocolate sauce, whipped cream, crushed nuts.

Waffles

THE COLISEUM \$17.90 Chocolate gelato, fresh strawberries, chocolate crisp balls, whipped cream and

OREO SMASH \$17.90

Chocolate gelato, smashed Oreo's, crispy chocolate balls, brownie bites, whipped cream. \$17.90 MICHAEL ANGELO'S MASTER PIECE Dulce de leche caramel, vanilla ice cream, salted caramel crispy bites, Banana,

butterscotch sauce, whipped cream. CHOCOLATE BROWNIE SUNDAE

House made chocolate brownie, vanilla bean gelato, chocolate sauce, whipped cream, crushed nuts.

Crepe

APPLE WALNUT CREPE \$17.90 Caramelised Apples, walnuts, salted caramel gelato, cannoli custard, burnt sugar.

SMASHED OREO CREPE Nutella, fresh strawberries, smashed Oreos, chocolate gelato, Cannoli custard,

Traditional Crepe's

Traditionally made with lemon juice, sugar and vanilla bean gelato and heaps of

BANANA AND WALNUT Fresh bananas, butterscotch sauce, walnuts, vanilla bean gelato.

NUTELLA STRAWBERRY

icing sugar.

Nutella, fresh strawberries, chocolate sauce, vanilla bean gelato.

——— Traditio	nal Pi	ezas —	
Extras - Gluten free base Regul			\$5.00
	REGULAR	LARGE	FAMILY
MARGARITA Pizza sauce, diced tomato extra chee	\$14.00 ese, sauce, ore	\$18.00 gano.	\$22.00
PEPPERONI PIZZA Pizza sauce, pepperoni extra cheese	\$15.00 e.	\$19.00	\$23.00
VEGETARIAN Mushroom, onion, capsicum, pineap	\$15.00 ple, chilli & ga	\$20.00 arlic.	\$25.00
HAM AND PINEAPPLE Ham & pineapple.	\$15.00	\$20.00	\$25.00
MEXICAN Pepperoni, onion, capsicum, cheese, garlic.	\$16.00 fresh tomato,	\$21.00 jalapeno peppe	\$26.00 rs, chilli and
MEAT LOVERS Pepperoni, beef, bacon & BBQ sauce.	\$16.00	\$21.00	26.00
CHICKEN D'LITE Chicken, mushroom, onion, pineappl	\$16.00 e & BBQ sauc	\$21.00 e.	\$26.00
GYMEA SPECIAL Cabanossi, mushroom, prawns, pinea	\$16.00 apple and gar	\$21.00 lic.	\$26.00
SUPREME Ham, pepperoni, cabanossi, bacon, n (olives & anchovies optional).	\$17.00 nushroom, on	\$22.00 ion, capsicum, p	\$27.00 ineapple,



Individual Descents

multidad years va	
NUTELLA DOUGHNUTS Freshly cooked doughnuts filled with Nutella (5 mini Dougl	\$15.00 nnuts).
LEMON MERINGUE JAR Crushed shortbread, lemon curd, cream & Italian meringue.	\$12.00
TIRAMISU	\$12.00

Freshiy cooked doughildts filled with Nuteria (5 fillill Doughildts	1.
LEMON MERINGUE JAR Crushed shortbread, lemon curd, cream & Italian meringue.	\$12.00
TIRAMISU Traditionally made on premises	\$12.00
STICKY DATE with butterscotch sauce and gelato	\$15.00

irudinunui i uncukes	
OLD FASHIONED STACK Two fluffy pancakes, strawberries and vanilla gelato maple syrup.	\$16.90
NUTELLA BELLA Two fluffy pancakes, lashings of Nutella, fresh strawberries, vanilla ge	\$17.90 lato.
GAY TIME STACK Two fluffy pancakes, butterscotch sauce, Gaytime gelato, Gaytime crui	\$17.90 mb.

Traditional Pancabas



—— Dessert	rizzas —	1000 Mg
	REGULAR	LARGE
NUTELLA PIZZA Pizza base with Nutella, fresh banana, fre:	\$17.00	\$25.00
NIITELLA CMODEC DIZZA	¢ 12 NN	00 309

Pizza base with Nutella, fresh banana, fresh strawberries, marshmallows and vanilla

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	REGULAR	LARGE	FAMILY
MEXICANO DOLCE	\$18.00	\$22.00	\$27.00
Fresh chicken, avocado, dice	ed tomato, sour cream a	& Mexican spice:	s.
TANDOORI CHICKEN	\$18.00	\$22.00	\$27.00
Fresh chicken, tandoori saud	ce, onion, capsicum, fre	esh tomato & mi	nted yoghurt.
AMALFI	\$18.00	\$22.00	\$27.00
Artichoke hearts, asparagus	, fresh basil, prosciutto	, bocconcini, eg	gplant, red
capsicum.			

Takeaway and delivery Special

tancounting and deliver y special				
SPECIAL - FAMILY DINNER BOX 1 2 large pizzas, 1 regular garlic bread and 1.25L soft drink	\$38.00			
SPECIAL - FAMILY DINNER BOX 2 2 large pizzas, 1 small garlic pizza, 1 large pasta and 1.25L soft drink	\$49.00			
SPECIAL - FAMILY DINNER BOX 3 2 large pizzas, 1 small garlic pizza, 1 large pasta and 1.25L soft drink	\$55.00			
YOUR CHOICE OF EITHER TRADITIONAL OR GOURMET PIZZA SELECTION				

International Pizza Range

	REGULAR	LARGE	FAMILY
KOREAN FRIED CHICKEN Fresh chicken, in a sesame saud	\$20.00 ce with kimchi coles	\$24.00 slaw.	\$29.00
GREEK STYLE Pulled Lamb shoulder and feta	\$20.00 , tomato, minted yo	\$24.00 oghurt.	\$29.00
A TASTE OF GERMANY slow cooked pork belly, onion,	\$20.00 caramelised apples	\$24.00 , sauerkraut.	\$29.00
SATAY CHICKEN Satay sauce, fresh chicken, onion	\$20.00 n, roasted red capsic	\$24.00 cum. topped with o	\$29.00 crushed nuts.
PAD THAI PIZZA Fresh chicken, prawn, onion, eq fried shallots, crispy noodles, ,		\$24.00 base, cheese, topp	\$29.00 ed with
HOT LATIN NIGHTS	\$20.00	\$24.00	\$29.00

Pan-fried chicken breast with mushroom in a white wine cream sauce. Bacon, napolitana sauce & lots of chilli.

Pan-fried chicken breast with house made pesto in a white wine cream sauce.

Choice of fettucine, Spaghetti, Penne, Tortellini and Gluten free penne.

\$14.00

\$16.00

\$16.00

\$16.00

\$16.00

\$16.00

ONE SIZE \$16.00

fresh cooked tomato in garlic & seasoned with salt & pepper & basil.

A combination of fresh napolitana and cream with basil.

Mamma's traditional sauce.

Bacon, egg, cream and shallots.

Bacon, mushroom& cream sauce.

LASAGNE TRADITIONALLY MADE

CHICKEN AND PESTO

CHICKEN AND MUSHROOM

no Mayo served with fries.

CABONARA

BOSCAIOLA

\$18.00

\$18.00

\$20.00

\$20.00

\$20.00

\$20.00

\$20.00

\$20.00

Loaded Schnitzel Range Foot long Chicken schnitzel, Corn chips, cheese, nacho bean sauce, sour cream and guacamole served with fries.

Chicken schnitzel Napoli sauce, mozzarella cheese, pepperoni, served with fries.

TEXAS SOUTHERN FRIED CHICKEN Chicken schnitzel Southern fried chicken, american cheese, maple bacon, Jalape-

MAC AND CHEESE SCHNITZ \$25.00 Chicken schnitzel Mac and c heese schnitzel served with fries.

SPAG BOL SCHNITZ \$25.00 Chicken schnitzel Spaghetti Bolognaise Schnitzel with melted cheese served with fries.

BOSCIOLLA SCHNITZ Chicken Schnitzel with melted cheese and Boscaiola sauce served with fries.

TRADITIONAL SCHNITZ \$25.00 chicken Schnitzel, fries and Gravy.

\$25.00 Crumbed chicken breast topped with ham, napolitana sauce & cheese served with fries.

HOT CHIPS.....\$7.00

Vegan Dessert Menu

VEGAN NUTELLA DOUGHNUTS 5 x mini fluffy Italian doughnuts rolled in cin	\$15.00 namon sugar and filled with vegan Nutella.
VEGAN PIZZA NUTELLA PIZZA Pizza base with vegan Nutella, fresh ba	SMALL \$15.00 LARGE \$22.00 nana & fresh strawberries.
VEGAN SMORES PIZZA Pizza base with vegan Nutella, fresh banana	SMALL \$17.00 LARGE \$24.00 , fresh strawberries, vegan marshmallows.

\$15.00

Sticky Date with a whisky caramel sauce and coconut vanilla gelato. **ICE CREAM SUNDAES**

VEGAN STICKY DATE

\$18.90

BROOKLYN FARM GIRL \$18.90 Coconut chocolate gelato, fresh strawberries, died strawberry crisps, soy whip cream and chocolate sauce.

OMG CHOCOLATE DESSERTS Coconut chocolate gelato, hazel nut spread, marshmallows, chocolate brownie, whipped cream, crushed nuts, house made chocolate sauce and coconut flakes.

OH MY! SUGAR HIGH Organic vegan peanut butter, chocolate and Salted Carmel gelato, chocolate brownie

WAFFLES

bites, soya whipped cream, house made chocolate fudge sauce and waffle bites.

ADAMS APPLE WAFFL	E		\$18.90
Caramelised apples, V	anilla coconut	gelato, house made w	affles, walnuts vegan
caramel sauce.			

BANANA PLANTATION WAFFLES \$18.9
Caramelised fresh bananas, dulce de leche hazelnut rice whip cannoli custard, soya whipped cream.

TRADITIONAL CREPES

	VEGAN LEMON SUGAR CREPE \$16.90 Traditionally made with lemon juice, sugar and vanilla coconut gelato and heap of icing sugar.	
	VEGAN BANANA AND WALNUT CREPE Fresh bananas, butterscotch sauce, walnuts, vanilla coconut gelato. \$17.90	
	VEGAN NUTELLA STRAWBERRY CREPE \$17.90 Vegan Nutella, fresh strawberries, house made chocolate sauce, vanilla coconut gelato.	
STATE OF THE PERSON OF	VEGAN APPLE WALNUT CREPE \$17.90 Caramelised apples, walnuts, vanilla coconut gelato, house made butterscotch sauce. TRADITIONAL PANCAKES	
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VEGAN OLD SCHOOL \$16.90 Two fluffy pancakes, strawberries and coconut ice-cream, maple syrup.

VEGAN NUTELLA BELLA Two fluffy pancakes, vegan Nutella, fresh strawberries, coconut ice-cream.



HOME DELIVERY / TAKEAWAY ORDER DIRECT FROM US 8519 4145

delivery charge applies



6	02 8519 4145	Opening Hours
•	756 Kingsway Gymea NSW 2227	Mon CLOSED Tue 4pm - 9pm
M	orders@carusositalian.com.au	Wed 4pm - 9pm Thur 4pm - 9pm
R	www.carusositalian.com.au	Fri 11am - 9pm Sat 11am - 9pm
fi	/carusositaliangymea	Sun 11am - 9pm







